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CAREER OBJECTIVES:

To help promote a good working relationship here and abroad towards a unique and different kind of nationalities.

To establish a strong background and earn the experience and degree for whatever knowledge and skills the hospital has to offer.

To obtain a position that would broaden my knowledge and enhance my skills and widen my professional perspective in this field and promotes a more fruitful and interesting successful life in the coming future.

POSITION DESIRED:

ER/ ORTHOPEDIC NURSE/ DERMATOLOGY NURSE

PROFESSIONAL QUALIFICATION:

EXAMINATION TAKEN:

Nurses Licensure Examination- PRC -MANILA,, Republic of Philippines
License no. 244158
Expires: October 7, 2023

SAUDI COMMISSION FOR HEALTH SPECIALTIES

Taken: Feb. 27, 2011
License no. 07-R-N- 0013440
Diplomatic Quarter, Riyadh, KSA
Expires: 1-August- 2022

EDUCATION:

BACHELOR OF SCIENCE IN NURSING
St. Jude College
Dimasalang st. Sampaloc Manila, Philippines
June 1989 - March 1993

SEMINARS ATTENDED:

Partnership for World Leading Nursing Care:

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**Partnership for World Leading Nursing Care:
Innovation, Creativity and patient Centered
Care Symposium**

King Faizal Specialist Hospital and Research Center
September 27-28, 2011

RMH International Symposium in Psychiatry 1st

Marriott Hotel, Riyadh
October 25-26, 2011

Provider in Basic Life Support- American Heart Association

King Faizal Specialist Hospital and Research Center
Health Orbits Inc. Training Center, CPR Verify
July 30, 2017

IV therapy Training Course

Prince Faisal bin Fahd bin A/Aziz Sports Medicine Hospital
Riyadh, KSA
13- May to 1 June 2006

Quality Improvement in the Hospital

Central Security Hospital
Riyadh - MOI- KSA
9- Dec. 2010

DATAFLOW VERIFICATION PROCESS BY SCFHS

Done: 30-january- 2017
Diplomatic Quarter, Riyadh, KSA

EMPLOYMENT HISTORY:

January 24, 2010 – to Present

**CENTRAL SECURITY HOSPITALS, Riyadh KSA
HEAD- NURSE DISPENSARY DEPARTMENT.**

Duties and responsibilities includes:

- a. Responsible for the overall management and nursing activities of the assigned unit in order to ensure both a smooth running and that quality patient care is delivered.
- b. Supervises and assist in a variety of patient care and on a daily basis, conducts nursing rounds to monitor quality patient care. Review staffing schedule to ensure safe levels are maintained to meet patient care needs.
- c. Coordinates unit QM activities, to include timely investigation of incident reports & communicates inter departmental information to staff by holding regular unit staff meeting at least monthly and motivates staff by acting as a positive role model to staff by interacting appropriately with other hospital departments maintains relevant employee documentation to include professional certificates, continuing education, counseling and evaluation.
- d. Moreover, My job is to liase with the nursing supervisor to maintain and update ongoing programs, hospital policies and procedure, standards of care and unit of goals and objectives to satisfy patient needs and achieve quality health care standards.

NOVEMBER 5, 2007 to JANUARY 20, 2010
SAN JOSE DISTRICT HOSPITAL, San Jose, Batangas
Staff Nurse (Volunteer) Trauma and ER

Duties and responsibilities includes:

- a. By assisting the doctors and other emergency personnel in establishing a good and patent airway by laying him flat on bed or in any other surface with head and chin up technique, simultaneously taking his vitals or by connecting him in a cardiac monitoring machine, by putting IV line to facilitate the easy administration of emergency drugs for reviving the patient or to minimize the pain and discomfort That the pt. has while we are giving artificial ventilation.
- b. In addition to, to the final and only last thing in order to rescue the striving patient is when time comes and the patient losses his consciousness, now CPR will be applied, if the patient cannot be revive, ACLS and defibrillation follows until the patient return his consciousness.
- c. LACERATED WOUNDS: By providing and applying of pressure in the affected part to avoid a huge loss or discharge of blood coming out from the blood vessels.
- d. BURNS; First, trying to assess the severity of burn of the patient. First check the vital signs of pt. Cleans the wound, then apply povidone iodine, then flammazine then cover it by gauze, but in third degree we will add fucidine ointment and cover by gauze., then ATS.
- e. VEHICULAR AND ROAD TRAFFIC ACCIDENTS; Immobilize the patient, take the vital signs, established a patent airway & IV line, then the cardiac monitoring machine with defibrillator, and simultaneously while the doctor and nurse assesses the airway, if there is no airway and there is loss of consciousness, insertion of ET tube will followed or by tracheostomy if something worse might happen and assist the doctors of any STAT orders.

OCTOBER 26, 2001 to OCTOBER 25, 2007:

Acting O.R. , headnurse. Prince Faizal bin Fahad bin Abdul-Aziz (GPYW)
Sports Medicine Hospital, Riyadh, K.S.A.

A hospital specializing in day case surgery which caters all of the athletes in the Kingdom of Saudi Arabia most specially, the members of Saudi Arabian Football National team and clubs and if theres no cases or procedures scheduled in OR, I was always been utilized by TRAUMA and EMERGENCY room as back up and for emergency medical transport of patients to different hospitals. In addition , during football games in King Fahad Olympic stadium, we worked as paramedics and directly involved in rescucitation of players and spectators and in the transfer of unconscious and injured patient to the nearest hospital inside the kingdom.

Duties and responsibilities includes:

- a. We performs arthroscopic surgeries & other minor procedures as follows:
 1. Lateral and Medial Meniscus tear
 2. Locked knees
 3. Knees with Chondromalacia
 4. Ligaments and Tendon Repairs
 5. Hamstring and Quadriceps muscle repair
 6. Application of steinmmans pin
 7. Removal of screws and braces
 8. Knees with sinovitis
 9. Exostosectomies
 10. Bone grafting

11. Ganglions and Lipomas and other minor procedures

- b. I assist the surgeon as a scrub nurse and a circulating nurse too.
- c. I am also responsible for all of the outflow and inflows of items and stocks needed inside the operating room theatre and for the booking and rescheduling of patients time for surgery.
- d. **Trauma and Emergency Room:** Involves directly together with the doctors in assessing and providing emergency medical care to patients having been brought to ER like : vehicular accidents, large cut and lacerated wounds, Burns, hypo and hyperglycemic patients, myocardial infarctions, strokes and other cardiac diseases, hysteria and other mental disturbances, sudden severe attack of asthma and other respiratory problems, acute gastritis, high fever secondary to infections such as: influenza, gastro enteritis, measles, chicken pox, Typhoid fever, insect bites etc.
- e. Involves directly in resuscitation of patients that had suffered from sudden loss of consciousness, and any other emergency cases that needs an urgent and prompt action and treatment.
- f. By establishing a good and patent airway for urgent rescue and resuscitation.
- g. Directly involve in carrying out doctors orders, by giving and establishing an IV line to patients just in case the problem arises and needs for a direct IV bolus to maintain ,restore and relieves patients body suffering and discomfort.
- h. To check and follow up any laboratory and x-ray request and other standard operating procedures. Observes patients and by strictly monitoring his condition.
- i. By administering nursing actions and interventions such as : tepid sponge baths, positioning, fowlers, trendelenberg etc.
- j. To help and promote patient condition in case all of the nursing actions had successfully met and give patient teachings before his discharge.
- k. By helping and transporting patients on ambulance from one hospital to another possible nearest hospital that requires emergency medical care and treatment.
- l. **Orthopedic Department and Sports Clinics:**By providing support to patients who had suffered from sprains, fractured , dislocations and other orthopedic related problems like: fractured tibias ,radius and ulna, femur and etc., dislocated elbows, shoulders, fingers and etc.
- m. I work also as a caster for patient who needs Back Slabbing, Full cast, scapoids and any other procedures to stabilized and immobilized patients arm ,forearms, fingers, shoulders, elbow, Leg and foot, toes etc.
- n. By giving and providing arm and elbow crutches and teaching patient how to walk if he is on cast, eg. (3 point gait) and teach him on how to minimize and alleviate the pain and discomfort.
- o. By bandaging patients affected area or sprained ankle and etc. and strapping and assisting doctors in whatever request he made.

MARCH 14, 1997 - OCTOBER 20, 2001
SAN JOSE DISTRICT HOSPITAL- San Jose Batangas
Staff Nurse: Med/Surgical ward:

Duties and responsibilities includes:

- a. Providing intensive medical care to patients having bacterial ,viral infections such as: Influenza ,typhoid fever, dengue and other infectious and communicable diseases.
- b. Providing first aid treatment to pts. having cardio and pulmonary diseases. Did monitoring of heart rate
- c. pulse rate, respiratory rate and temperature and other change of condition in our body.
By feeding the patients, through nasogastric tube and administering of medications and any other patient needs.

- d. By providing and giving nursing care instructions during and after their stay in the hospital, and to secure that the patient is in good and satisfactory condition during discharge.

JULY 1, 1996 -JANUARY 31, 1997

N.L. VILLA MEMORIAL MEDICAL CENTER- Lipa city, Batangas

Volunteer Staff Nurse: M/S ward :

Duties and responsibilities includes:

- a. By monitoring, administering and rendering good medical care to patients, by giving medications during their stay and confinement at the hospital.
- b. Pediatric ward: providing intensive care to children and infants with such communicable Disease such as: dengue fever, influenza, thypoid fever gastroenteritis etc.
- c. Coronary care unit: thoroughly monitoring ECG waves of patient heart impulse, provides good airway passage by suctioning patients secretions and by giving a good complete hygiene to patients.
- d. By changing patients position from side to side to prevent decubitus ulcers and help cope to situations by giving physical mental and moral reassurances that we want to give to our clients.
- e. By providing a good and healthy environment and relationship between the nurse, doctor and other medical staff of the hospital.
- f. By providing an adequate knowledge about a certain disease on how to prevent the disease and infections before it spreads out in the hospital, community and some other places.
- g. By providing informations on how to avoid that certain disease in the first stage through ,prevention, ,assessment and intervention, by giving nursing actions
- h. by elimination and eradication of the disease and infections and to evaluate the entire course of action if it is successfully met or not.

SKILLS:

Operations of medical equipments like:

1. Cardiac monitoring machine
2. Defibrillator machine
3. Infusion pump
4. ECG machine
5. Nebulizer machine
6. Digital thermometer
7. Mobile suction
8. Digital BP apparatus
9. Glucometer
10. Mobile SpO2 apparatus
11. Digital tourniquet apparatus
12. Shaver apparatus
13. Camera for surgery
14. Illuminator for camera
15. Digital irrigation pump
16. Cautery machine
17. Cast cutter machine etc.
18. AED machine or automated electronic defibrillator
19. Cryo Gun for wart removal
20. ILK Application or Intra lesion Kenacort for Hair Loss or Alopecia
21. Botox application for Excessive Under arm sweating

22. LASER SURGERY- DEKA LASER MACHINE- for Hair Removal

PERSONAL DATA:

Born on October 7, 1970 in Allen Northern Samar, Philippines to a Roman catholic.
Married with 4 children, standing 5 feet and 7 inches tall, weighing 170 lbs. Language spoken includes English, tagalog, waray and Arabic.

REFERENCES:

Dr. Salem Al-Zahrani
Orthopedic Consultant and chief of Medical Staff
Prince Faisal bin Fahad bin Abdulazis- Sports Med. Hospital
Tel. no.482-1919 ext. 2233- Oct. 2001 to Oct. 2007

Rommel F. Reyes RN,
Head Nurse- IPD
Central Security Hospital-R1-Riyadh

Michael Gumban RN,
ER- Head Nurse
Central Security Hospital-R1-Riyadh

Ronaldo Alamares RN,
OR- Head Nurse
Central Security Hospital-R1-Riyadh